

# The Universe vs Holy Spirit

By R.J. Regan

## New Age “Energy”

- **Impersonal Force:** In New Age beliefs, “energy” is often described as an invisible power or force that permeates the universe and all living beings. It is seen as a cosmic consciousness or universal energy, rather than a personal, relational God.
- **Manipulable Power:** Many New Age teachings suggest that individuals can manipulate this energy through thoughts, feelings, and practices like meditation, visualization, and energy healing (e.g., Reiki, crystal healing).
- **Self-Focus and Self-Healing:** The focus is often on self-discovery, self-improvement, and tapping into one’s inner divinity and potential to create one’s own reality and heal oneself.
- **Monistic/Pantheistic:** Many New Age adherents believe that “all is one” and that God is synonymous with the universe or nature itself. There is no clear distinction between the Creator and creation.
- **Examples:** This concept of energy is often linked to practices like chakra balancing, astrology, tarot card readings, and the “law of attraction.”

## Biblical “Holy Spirit”

- **Personal God:** The Holy Spirit is considered the third person of the Trinity within Christianity, co-equal and co-eternal with God the Father and God the Son. The Bible emphasizes God as a **personal** being who desires a relationship with people.
- **Divine Power and Presence:** The Holy Spirit is understood as God’s active force and power working in the world and in a believer’s life. He is present to guide, empower, convict of sin, and transform people into the image of Christ.
- **God-Focused:** The emphasis is on God’s glory, God’s sovereignty, and God’s work, not human self-effort. Salvation is received through grace by faith alone in Jesus Christ, not through personal enlightenment or spiritual practices.
- **Creator-Creature Distinction:** The Bible maintains a clear distinction between the Creator and His creation, rejecting pantheistic views.
- **Role in Salvation and Transformation:** The Holy Spirit’s primary role in a believer’s life is to convict of sin, lead to repentance, impart new life, and empower for righteous living and service to God, resulting in glorifying God. We will experience immediate personal benefits, both material and spiritual, but the ultimate focus is on eternity [things that last forever], God, and His Glory, not man and his glory.
- **Warnings Against Occult Practices:** The Bible warns against divination, sorcery, and seeking spiritual power from sources other than the God of the Bible.

## Key Differences Summarized

<b>Belief or Concept</b>	<b>New Age “Energy”</b>	<b>Biblical “Holy Spirit”</b>
<b>Nature of “God”</b>	Impersonal, universal energy, or cosmic consciousness	Personal, relational God (part of the Trinity)
<b>Human Divinity</b>	Humans are divine or have God-like potential	God alone is divine; humans are created beings
<b>Source of Power</b>	Tapped into or manipulated by the individual	Power and guidance come from God through the Holy Spirit
<b>Path to Salvation</b>	Self-discovery, enlightenment, or raising vibrations	Grace through faith in Jesus Christ alone
<b>Spiritual Practices</b>	Includes astrology, tarot cards, energy healing, channeling	Warns against occult practices and emphasizes prayer and Bible study

In essence, New Age “energy” is often seen as a force to be harnessed by individuals for personal growth and empowerment, while the biblical Holy Spirit is understood as a Person of the Godhead who empowers believers to live in relationship with Him, follow His will and give Him all glory. The individual will experience personal growth and empowerment as well, but the emphasis is on God and His Glory, not on man and his glory.